

Carola Helwing

was born in 1979 and lives in Frankfurt/ Main, Germany.

With her background of art and dance education she focuses on dance and movement as a main theme in her artwork. It's her aim to catch the power and beauty of movement, translate it on to canvas and make the grace and strength of dance capturable for the viewer. Another focus of her artwork lies on icon-portraits. Beneath drawing and painting Carola also deals with photography and its variety and possibilities to create new perspectives.

Carola's work can be found in several online galleries such as arteomgallery, expometro, artboxy and effetto arte fondazione with exhibitions all around the world such as Milan, Barcelona, Miami, New York and Dubai. You can find her artworks on her Instagram account [caro.art4](#) and on her homepage [carolahelwing.de](#).

On April 4 2025 she has been awarded in New York with the International Art Prize „The New Great Masters“ and she will also be awarded with the „International Prize Leonardo da Vinci – The UNIVERSAL ARTIST“ in Milan in June 2025.